

COMMITTING THE ACT AND ITS CONSEQUENCES

Several years ago, I challenged my students in psychology class to “commit” a “random act of kindness.” I also promised them I would also participate in the assignment. Suggestions were given such as stacking parking carts in a parking lot, cleaning off the counter in a public bathroom, over tipping, paying for a meal of someone in a restaurant or leaving money to pay for the next person’s order in a drive through line.

The class discussed their “acts” and came to the conclusion that no matter what they did, the end result was they just “felt good.” To this day, I have personally continued this assignment at least once a year, because of the good feeling I get out of the activity.

Does giving feel good? Does being generous need to be taught and practiced? YES AND YES. In the coming months, GSCF will be leading this community through an activity called GIVING DAY.

It started with the unofficial start of the holiday shopping season, now called BLACK FRIDAY. Next came CYBER MONDAY, created by marketing companies to persuade people to shop online.

But Americans grew tired of the hype of spending and a new day was born.

Entering its fifth year, GIVING TUESDAY is a global day of giving fueled by the power of social media and collaboration. Last year over 700,000 people donated over \$116,000,000.00 ON LINE IN ONE 24 HOUR PERIOD!!

The mission statement of Greater Sabetha Community Foundation is “GIVING TODAY, GROWING TOMORROW. GSCF will be hosting the first area GIVING DAY to allow our community to take part in the first area GIVING DAY.

The Board members of GSCF have a goal of allowing every community member the chance to “find your (giving) passion,” but instead of a random act of kindness, become purposeful in your giving, participate in Giving Day and support your local community.