## THANK THOSE WHO JUST SAY YES!!

During the 80's the "Just Say No" campaign to discourage drug use in children made the advertising slogan a popular saying and it is still heard today. It's really easy to say no and many times we need to. We should say no to telemarketers, drug use, giving in to our kid's begging for screen time, overspending, overeating, overdoing anything, and on and on! Moreover, sometimes saying no can be a quick cop out and can have negative results. Think of the many projects in our small community that depend on many people who agree to "do" and "be there" and "step up" and not listen to doubters!! Let's be thankful for the "YES people" in our community!!

Here are my top ten "I Just Said Yes" people (for this week!):

- Lora Key, CEO, Sabetha Community Hospital, the City Commissioners, the Sabetha Health & Wellness committee AND the many donors who have made this project possible— New Wellness Facility coming in 2019!
- 2. Volunteers who deliver Meals on Wheels five days a week and the good cooks at the AC Kitchen who prepare it!
- 3. Summer softball, baseball, swim team coaches who were dedicated to share their love for these sports with our young people all summer!
- 4. Volunteers at the Mary Cotton Public Library, who read books, give programs and share their love of learning with many kiddos all summer long!
- 5. Summer VBS volunteers at area churches—sharing the good news of Jesus Christ with our young people!
- 6. Food pantry and Harvesters volunteers (and donors) who make sure no one in our community goes hungry!
- 7. The school board, Superintendent, Todd Evans, and the dedicated principals, teachers and staff who continue to provide a quality education and be role models for our students!
- 8. Many citizens on the ballot in the upcoming election ready to serve the rest of us!
- 9. Our service men and women dedicated with enough love for our country and its ideals that they volunteer to have served or are serving now to keep our nation free!
- 10. The police, volunteer firefighters, medical personnel and nursing providers who do their jobs 24/7!

Give the people listed above a pat on the back or thank you when you see them, and thank them for saying "YES!" Because of them, you might be getting a pass, but because of them, you might also be encouraged to step up and say "yes" the next time you are asked to be a part of a community project, serve others or volunteer. Maybe it is time for your "Just Say No" campaign to come to an end.